

PRESS RELEASE

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FLYING COWS™

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Flying Cows Fend Off Late Virginia Valley Comeback to Win 101-97

Sunday, April 13th, 2026
Frederick, MD

The Frederick Flying Cows returned home to Woodsboro Bank Arena on Sunday afternoon to take on their rivals, the 4-5 Virginia Valley Vipers. Entering the matchup without leading scorer Quinten Scott and former MVP Javon Adams, Frederick delivered one of its most complete performances of the season on both sides of the ball to defeat the Vipers 101-97.

Frederick set the tone quickly, they won the tip, then a newly healthy Zach Thomas nailed a 3-pointer to start his return red hot. Thomas scored the first six for the cows, but Virginia Valley kept it close throughout the quarter. Then, the Cows' new star guard, Shadell Millinghaus, brought the barn to life with an and-one layup to open up his scoring for the night. Virginia Valley star Dorian Bedford Jr. helped the Vipers keep it close throughout the first with 8 points, but three fouls left him sidelined for the rest of the half. By the end of the quarter, both teams were back and forth with the Cows leading 28-26 going into the second.

The Flying Cows found their rhythm in the second quarter behind a dominant stretch on both ends of the floor. Cows forward, AJ Wilson, opened the half with a thunderous slam off a missed three. Millinghaus was scoring on all three levels and ended the first half with 15 points. Millinghaus ended the half getting fouled on a three and sinking all three of his free throws to give the Cows the largest lead of the night at 14 with 0:03 to go in the half.

But the Vipers weren't done for the half, as they caught the Cows sleeping and Cameron Williams drilled a buzzer-beater three to leave the score at 56-45 in the Cows' favor going into half. The Cows outrebounded the Vipers 34-24 in the first half, with Mekhi Grant having 8 of those for the Cows, fixing what has been an issue for the team as of late. On the Viper's side, Khi Long stepped up with 16 points in the first half, which already surpassed his season average of 13 points per game.

The third quarter saw the Vipers begin to claw back. The guard duo of Alani Moore II and Millinghaus attempted to keep the Cows' lead of scoring 11 of the Cows' 16 third-quarter points. As the Cows' lead began fading, Millinghaus made two consecutive fast break and-one layups to keep the Cows in the lead. However, the Vipers eventually took a 68-67 lead, but a Moore 3 immediately followed by one of Grant's iconic dunks quickly shifted momentum. Frederick was only leading by two at the end of the third, with a score of 72-70.

Frederick opened the fourth on a run, as great hustle plays and two contested layups from Zion Smith gave the Cows an early 8-point advantage. After some back and forth, Grant was then able to convert a tough and-one to bring the Cows' lead to 5 with 8:24 to go in the game. Vipers guard Mike Brown was then able to carry some momentum to

tie the game up at 81 with a three-pointer, but some choice motions got him a technical foul, leading to the Cows taking advantage and going on a six-point run.

Despite a late push, two dagger three-pointers from Smith gave the Cows a 98-91 lead. The Vipers were almost able to steal the game at the end, as Long drilled a three, then Jason Hutzler got a steal on the inbound, but ultimately the Cows forced a miss and came out on top in a close one with a final score of 101-97.

Frederick saw strong performances across the board in the loss. Millinghaus led the way with a near triple-double as he had 27 points, 9 rebounds, and 8 assists. Thomas was also a star in his return, scoring 19 and grabbing 11 rebounds for a double-double. Grant rounded out the stars for the Cows in the win, as he also got 19 points while getting 9 boards of his own.

Virginia Valley was led by breakout star Khi Long, who delivered a dominant performance with 29 points and 17 rebounds despite the loss. Mike Brown was the prominent outside scorer for the Vipers, also with 29 points, along with 6 3-pointers.

The Frederick Flying Cows will look to continue their winning ways as they face a now 4-6 Virginia Valley again on Sunday, April 19th at 3:00 PM, but this time away. Then on Friday, April 24th, the Cows return home to the Barn against a Jersey Shore Breaks team they have yet to face this season, as they hope to use this win to spark a mid-season run.

- See The [Full Box Score](#)

About The Frederick Flying Cows:

The Frederick Flying Cows are a professional basketball organization based in Frederick, Maryland. The organization is one of the eight founding teams of the 94x50 league, starting in the 2026 season! 94x50 fashions itself as a 2nd-tier league, with quality of play only below the NBA.

The Frederick Flying Cows are a community organization that is invested in Frederick County and will put a high-level, entertaining basketball product on the floor every game! Over time, Frederick Flying Cows seek to become a part of the fabric of the community and a team that will make the people of Frederick proud! The team will be dedicated to providing fun, affordable entertainment for all Frederick citizens!

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