

PRESS RELEASE
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FLYING COWS™

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Flying Cows Bounce Back With Dominant 121-101 Win Over Jersey Shore Breaks

Friday, April 24th, 2026
Frederick, MD

After dropping a heartbreaking 120-117 overtime decision to the Virginia Valley Vipers on the road last Sunday, the Frederick Flying Cows returned home to Woodsboro Bank Arena Friday night with something to prove — and they delivered. The Cows turned in one of their most complete performances of the season, dismantling the Jersey Shore Breaks 121-101 in a 20-point home win that snapped their losing skid and reasserted Frederick as a force in the 94x50 league.

From the opening tip, the Cows looked like a team intent on setting the tone. Their offense flowed freely, the ball moved from side to side, and shots fell from all over the floor. Frederick finished the night shooting a scorching 51.1% from the field and an even more impressive 44.7% from three, knocking down 17 triples on 38 attempts. They did it all while taking care of business at the line, hitting 10-of-12 free throws for 83.3%.

Star guard Shadell Millinghaus once again served as the engine that powered Frederick's attack. Millinghaus was lights out from deep, draining 6 of his 10 three-point attempts on his way to a game-high 26 points to go with 8 rebounds and 6 assists in 45 minutes. Every time the Breaks tried to threaten a run, Millinghaus had an answer — either rising up from beyond the arc or finding a teammate for an easy bucket.

Quentin Scott bounced back from the road loss with a double-double of his own, posting 20 points and 10 rebounds while adding 3 steals and a block. Scott was relentless on the glass and timely from the perimeter, hitting two triples and helping Frederick set the tempo on the defensive end. Alani Moore, meanwhile, ran the offense to perfection, racking up 13 points and a team-high 8 assists with steady decision-making throughout.

The Cows' bench was every bit as impactful. D'Andre Johnson came off the pine and provided one of the most efficient scoring nights of the season, knocking down 5-of-7 from three on his way to 17 points in just 11 minutes of work. Mustapha Traore matched him with 16 points on a remarkable 7-of-8 shooting performance, attacking the rim with purpose and finishing through contact. Add in 10 points from Zyon Smith in just 10 minutes, and Frederick's reserves outpaced the Breaks' entire bench unit on their own.

Up front, Mekhi Grant added another double-double with 10 points and 10 rebounds, anchoring a Cows frontcourt that absolutely dominated the boards. Frederick out-rebounded Jersey Shore 62-33, with 19 of those coming on the offensive glass to fuel a steady stream of second-chance opportunities. AJ Wilson chipped in 6 points and a couple of steals, while Amir Harris pulled down 5 boards in his minutes off the bench.

Jersey Shore did get a strong individual performance from guard Jachai Simmons, who poured in a team-high 30 points on 6-of-12 from three in an effort to keep his team within striking distance. Justin Robinson dished out 11 assists, and Charles Funches, Alex Iebia, and Junior Saintel each contributed 11 points. Despite Simmons' outburst, the Breaks couldn't match Frederick's firepower or rebounding edge, and the Cows continually pulled away.

Defensively, Frederick's ability to share the ball was just as impressive as their shotmaking — the Cows finished with 28 assists on their 47 made field goals, a clear sign of how connected the offense was on the night. The home crowd was treated to an emphatic team win and a clear statement that the Cows were not going to let one tough loss define their stretch run.

Frederick will look to ride the momentum of this dominant home performance into their next matchup, with the team aiming to string together a winning streak as they push deeper into the season. Stay tuned for the next game date and opponent announcement.

- See The [Full Box Score](#)

About The Frederick Flying Cows:

The Frederick Flying Cows are a professional basketball organization based in Frederick, Maryland. The organization is one of the eight founding teams of the 94x50 league, starting in the 2026 season! 94x50 fashions itself as a 2nd-tier league, with quality of play only below the NBA.

The Frederick Flying Cows are a community organization that is invested in Frederick County and will put a high-level, entertaining basketball product on the floor every game! Over time, Frederick Flying Cows seek to become a part of the fabric of the community and a team that will make the people of Frederick proud! The team will be dedicated to providing fun, affordable entertainment for all Frederick citizens!

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