

PRESS RELEASE

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FLYING COWS™

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Flying Cows Fourth Consecutive Loss in 117–106 Defeat to Baltimore

Grant and Johnson Lead Frederick, but Rhythm's Offensive Firepower and Efficiency Seal Outcome

Thursday, April 2, 2026
Frederick, MD

The Frederick Flying Cows played the Baltimore Rhythm on Thursday night at Goucher College but came up short in a 117–106 loss. The defeat marks Frederick's fourth consecutive loss, as the Rhythm used a high-powered offensive performance and efficiency from beyond the arc and the free throw line to secure the win.

Frederick opened the game with strong energy, led by Mekhi Grant and Zyon Smith. Grant attacked the basket early and finished efficiently, while Smith knocked down shots from the perimeter to keep the offense flowing. Javon Adams played a key role in facilitating, controlling the pace and contributing on the glass as the Flying Cows kept things competitive in the opening quarter.

Baltimore, however, quickly found its rhythm behind standout performances from Dylon Cormier and Donte Greene. Cormier led all scorers with 33 points, consistently creating offense and getting to the free throw line, while Greene added 26 points, including six three-pointers, stretching the defense and creating difficult matchups. Their ability to score both inside and from deep kept Frederick on its heels.

In the second quarter, the Flying Cows continued to produce offensively with a balanced effort. Mustapha Traore was highly efficient in the paint, finishing strong and controlling the boards, while D'Andre Johnson provided a physical scoring presence, attacking the rim and converting key opportunities. Ronald Scott added a spark off the bench with his playmaking, tallying multiple assists and helping maintain offensive flow. Despite these efforts, Baltimore's shooting and ability to capitalize at the free throw line allowed them to maintain momentum.

The third quarter proved pivotal, as the Rhythm began to create separation. In addition to Cormier and Greene, Baltimore received key contributions from Terry Nolan Jr. and Patrick McGlynn, who combined for 35 points and provided steady scoring and perimeter shooting. The Rhythm's ability to move the ball and knock down shots from deep helped extend their lead, while their success at the free throw line continued to pressure Frederick defensively.

In the fourth quarter, the Flying Cows showed resilience and continued to fight. Traore remained a force inside, finishing with 15 points and 10 rebounds, while Grant and Johnson each led the team with 18 points. Adams contributed a near double-double with 11 points, 9 rebounds, and 6 assists, and Smith added 15 points, including three shots from beyond the arc. Despite multiple efforts to close the gap, Baltimore answered each run, maintaining control down the stretch.

As a team, Frederick shot 46.2% from the field but struggled from three-point range at 23.3%. Baltimore, meanwhile, shot 48.0% from the field and 36.8% from beyond the arc, while also converting 31-of-40 free throws. That efficiency, particularly from the perimeter and the stripe, proved to be a major difference in the game.

The Flying Cows will look to regroup and snap their four-game skid as they prepare for their next matchup, focusing on improving defensive consistency and limiting opponent opportunities from three-point range and the free throw line.

- See The [Full Box Score](#)

About The Frederick Flying Cows:

The Frederick Flying Cows are a professional basketball organization based in Frederick, Maryland. The organization is one of the eight founding teams of the 94x50 league, starting in the 2026 season! 94x50 fashions itself as a 2nd-tier league, with quality of play only below the NBA.

The Frederick Flying Cows are a community organization that is invested in Frederick County and will put a high-level, entertaining basketball product on the floor every game! Over time, Frederick Flying Cows seek to become a part of the fabric of the community and a team that will make the people of Frederick proud! The team will be dedicated to providing fun, affordable entertainment for all Frederick citizens!

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