



Flying Cows Stumble Down the Stretch in 107-103 Loss to Seahawks

Wednesday June 11th, 2025
Frederick, MD

All season long, the Flying Cows have leaned on three core strengths: dominance around the rim, a deep and versatile bench, and above all, the unwavering support of their fans.

That loyalty traveled well on Wednesday night, as Frederick stormed into Bowie State University for Game One of the TBL Eastern Regional Finals, and brought their energy with them. Cowbells echoed through the gym as black and white filled the stands, making it feel like a home game away from home.

Fueled by a strong group of traveling fans, the Cows put together stretches of solid play but ultimately fell short, dropping a tough 107-103 loss to the Capital Seahawks.

Despite generating second-chance points and staying active in transition, Frederick struggled to maintain consistency and now faces an uphill battle as they look to bounce back and keep their TBL playoff hopes alive.

It was a tightly contested start to Game One, but the Flying Cows began to separate late in the first quarter behind back-to-back threes from Joe Bradshaw and Damien Daniels. The quick burst extended Frederick's lead to 23-15 with just under three minutes remaining in the period.

Capital tried to answer by forcing the ball inside, but the Cows' rotational defense stood strong, swarming the paint and forcing tough looks.

Ronald Scott continued his best stretch of the season, scoring 8 of his 19 points in the opening quarter and adding 7 assists on the night, keeping the offense sharp and composed.

At the end of one, Frederick led 30-21, firmly in control, but far from finished.

Captain Tavares Sledge set the tone with a commanding first half, pouring in 14 points and making his presence felt on both ends. He would finish the game with 19 points.

The Flying Cows built a 15-point cushion midway through the quarter, continuing to push the pace and dominate the interior.

But the Seahawks weren't going away quietly. A quick scoring run from the Seahawks trimmed the lead to just five, briefly swinging momentum back toward the home team.

Javon Adams stepped up in response, scoring 12 points and 5 rebounds before the break and igniting the crowd with his high-energy play.

Adams closed out the night with 17 points and 8 rebounds, continuing his impact on both ends.

At halftime, the Flying Cows held a 56-48 lead. Still ahead, but not fully aware of the fight, Capital had left.

Capital opened the second half with intensity, quickly trimming Frederick's lead to just one. Sam Akano provided a scoring boost for the Seahawks, forcing a defensive adjustment from Coach Ed Corporal, who responded by subbing in Javon Adams for his length and defensive presence.

Ronald Scott continued to orchestrate the offense, converting multiple contested layups to keep the Flying Cows in front despite mounting pressure from Akano and the Seahawks.

Capital's defensive strategy began to shift, as they deployed frequent double-teams that disrupted Frederick's offensive rhythm.

However, solid defensive effort from Damien Daniels helped stabilize the Cows down the stretch. Daniels finished with 17 points, 5 assists, and 4 steals, providing key stops in critical moments.

Frederick closed the quarter with a small run to regain control, entering the fourth with an 81-76 lead.

The fourth quarter remained tightly contested, with neither team able to fully pull away. Capital continued to apply pressure and eventually grabbed a 92-91 lead midway through the frame.

Frederick responded quickly-a short lob set up a Javon Adams mid-range jumper, but the Seahawks answered with a timely three-pointer to regain control.

Damien Daniels kept the Cows within reach, converting a layup in transition to tie the game. Moments later, Adams delivered a momentum-shifting alley-oop that brought the Frederick crowd to its feet.

Despite several key plays, the Flying Cows were unable to close it out. In the final two minutes, Capital regained the lead and held firm, as Frederick's late possessions came up short.

The game ended in a narrow 107-103 loss for the Flying Cows, setting up a must-win scenario as the series continues.

Free throws proved to be a major storyline throughout the night, plaguing both teams in key moments. However, the struggles were especially costly for the Flying Cows, who shot just 68% from the line. In a game ultimately decided by four points, those missed opportunities at the stripe loomed large.

As Frederick looks ahead to Game Two, improving efficiency at the free throw line will be a critical focus in order to keep their season alive.

The Capital Seahawks were led by TBL All-Star Andre Fox, who finished with 21 points and 6 assists, providing steady scoring throughout the night.

With the Game One win secured, the Seahawks now head to Frederick for Games Two and Three, where they'll face a Flying Cows squad backed by one of the most passionate home crowds in the league. Woodsboro Bank Arena is quickly becoming one of the toughest places to play in the TBL, and the Cows will look to ride that home-court energy as they fight to extend their postseason run.

The series returns home for Game 2 on Saturday, June 14th at 7 p.m. at Hood College, where another packed Woodsboro Bank Arena is expected. If necessary, a decisive Game 3 will be held Sunday, June 15th at 5 p.m., also at home. With a trip to the TBL Finals on the line, every possession will matter.

Only four teams remain in the hunt for the 2025 TBL Championship. Out West, the Great Falls Electric from Great Falls, MT, and the Potawatomi Fire from Shawnee, OK, will battle for their ticket to the Finals. In the East, the Frederick Flying Cows from Frederick, MD, and the Capital Seahawks from Bowie, MD, are fighting for supremacy. Four contenders. Two spots. One ultimate goal.

Game 2 tickets are available now at goflyingcows.com.

[See Flying Cows vs Seahawks Box Score Here.](#)