



The Flying Cows Take Charge On The Road, Give The Seahawks Their Second Loss

Sunday March 23rd, 2025

Frederick, MD

The Frederick Flying Cows entered this highly anticipated matchup as the top team in The Basketball League with a 6-0 record. Their opponents, the Capital Seahawks 6-1, had only suffered one loss this season, at the hands of the Flying Cows. With a strong inside presence and a knack for forcing turnovers, Frederick aimed to capitalize on a Seahawks team that averaged 14 turnovers per game.

The Flying Cows struggled to find their rhythm early, allowing the Seahawks to jump out to an early lead. However, true to their resilient nature, the Cows fought back, forcing turnovers and attacking the paint to tie the game at 21-21 by the end of the first quarter.

The Seahawks turned up the defensive pressure in the second quarter, making it difficult for the Flying Cows to get clean looks. However, Frederick's bench depth, which had been a major strength all season scoring 66 points in their last outing, started to shine.

Ed Dyson provided a much-needed spark, attacking the rim with acrobatic layups and knocking down high-percentage midrange jumpers. Dyson finished with a great game scoring 20 points and bringing down 14 rebounds.

Despite Dyson's efforts, sloppy play and turnovers, one of the few weaknesses the Cows need to clean up, prevented them from fully taking over the game. At halftime, the Flying Cows led 53-44, with the Seahawks needing a response in the second half.

Damien Daniels, the defensive menace, made his presence felt by pushing the tempo in transition. His ability to disrupt the Seahawks offense and turn defense into fast-break opportunities was a game-changer. Damien Daniels gets an impressive 10 points, 7 rebounds, 6 assists, 2 steals, and 1 block.

Frederick stayed composed in high-pressure moments, a strength of theirs, proved to be the difference. With the game hanging in the balance, Kyle Steward delivered the dagger, a dunk in the final minute to seal another hard-fought Flying Cows victory. Steward ends his day with 22 points, 2 assists, and 3 rebounds.

Frederick stays unbeaten at 7-0, but they had to fight tooth and nail for this one. Hustle and late-game execution were the differences in this one. The Flying Cows have once again proven that they refuse to give in when their back is against the wall.

The Seahawks were relying on the scoring of Aquille Carr who ended his day with 12 points, alongside the hustle of Maurice Quick who grabbed 3 rebounds and 2 steals and the size advantage of their new 6'8" point guard, Sita Conteh who ended with 2 rebounds. But, it wasn't enough, the Seahawks took a tough loss, dropping to 6-2. Next week they take on the Connecticut Crusaders at home.

[See Flying Cows vs Seahawks Box Score Here](#)