



The Flying Cows Stay Unstoppable and out willpower the Crusaders 102-84

Friday March 14th, 2025

Frederick, MD

The Frederick Flying Cows keep soaring, securing their fourth straight win with a great 102-84 road victory over the Connecticut Crusaders.

Heading into this game, Frederick sat on top of the Mid-Atlantic Conference at a perfect 3-0. Their high-powered offense has been torching defenses, averaging 126 points per game, well above the league average of 106. Their ball movement has been just as impressive, ranking second in the league with 30 assists per game. However, they faced a tough interior defense tonight, as the Crusaders, who average six blocks per game, made their presence felt in the paint.

This game got off to a sluggish start, with both teams struggling to find their rhythm. It took nearly five minutes before team captain Tavares Sledge finally broke the scoreless tie with a pull up three-pointer. From there, Sledge and fellow returner Damien Daniels took charge, setting the tone with strong rebounding and physical defense. Sledge finished with 15 points, and 5 rebounds, while Daniels finished with 9 points.

The pace picked up in the second as the Flying Cows began attacking the rim. High-flying dunks from Ed Dyson and Javon Adams lit a fire under the team. Despite the highlight plays, Frederick continued to struggle with sloppy play, turning the ball over and allowing Connecticut to stay within striking distance. An impressive block from Damien Daniels helped keep momentum on their side, but the Cows entered the locker room winning 45 - 42 at halftime.

Frederick typically dominates the third quarter, but the Crusaders flipped the script this time. Their defensive intensity in the passing lanes led to multiple steals and blocks, disrupting the Flying Cows offensive flow.

However, experienced playmakers Tavares Sledge and Damien Daniels stepped up with crucial hustle plays, keeping the lead intact. Championship teams know how to finish games, and the Flying Cows proved just that in the fourth quarter. They found their rhythm and took full control, stretching the lead to 90-68 midway through the period.

Young guard Bobby Connors checked in late after being activated from the practice squad this week and made the most of his minutes, grabbing a rebound and 2 steals. His energy off the bench could be something to watch moving forward.

Javon Adams, a defensive menace at the top of the key, Adams locked in on both ends, contributing 22 points in the paint, 4 rebounds, and 2 assists. Kyle Steward, The veteran sharpshooter brought passion and precision, putting up 20 points, 7 rebounds and 1 assist while also showing leadership on the floor.

The Crusaders' struggles continued, as they were dominated on the boards and plagued by turnovers. Now sitting at 0-4, Connecticut will look to bounce back against the New York Phoenix tomorrow night.

As for the Flying Cows, this was a gritty win. They fought through early struggles and stayed composed while the Crusaders let emotions take over late in the game. Frederick will look to extend their streak to five as they wrap up their two-game road trip against the Jersey Shore Breakers tomorrow.

[See Flying Cows vs Connecticut Crusaders Score Here.](#)